



# Bristol Area Downs Syndrome Support

## May 2008 Newsletter

### Hi Everyone

Many thanks to all of you who have given us your email address, it really does save the group lots of money and also time when producing the newsletter, Betty who organises the theatre tickets for us managed to get some last minute tickets but needed a quick reply and the email addressess really helped us to get the information to you. If you have an email address but havent let us have it yet, please spend a couple of minutes and send it to

Andrew [info@badss.org.uk](mailto:info@badss.org.uk) or  
Debs [dq007f9637@blueyonder.co.uk](mailto:dq007f9637@blueyonder.co.uk)

### Bristol Marathon



Many thanks to Becky Byrne and Mandy Beesley who took part in the Bristol Half Marathon and rased over £1,100. They generously shared the money between the National Office and BADSS.

### Saturday Sports Sessions

We have re-started the sports sessions, but with a different set-up from before. Now parents can sit in the coffee area to watch their children- rather than standing at the back of the hall. This gives us a better opportunity for parents to talk, and the children were more inclined to join in. The sessions are held at St Paul's Sports Academy, M32 Bristol, from 12.30 pm – 1.30 pm, the cost is £2.75 per child. The sessions are for children with Down's Syndrome over the age of 8 and their siblings. Please contact Jane Yeoman 0117 904 2807 for more information.

### Dancing

For any of you who have children that love dancing, there is an integrated dance group called Fusion Dance that get together on a Thursday evening between 5.00 pm – 6.00 pm at the Kingswood Foundation in Bristol. The group is for children aged 11 and over. For more information please contact Ben Nash or Lisa Lort on 0117 947 7948, their website address is [www.kfl.org.uk](http://www.kfl.org.uk)

### Bristol Family Carers

We have been given information about two events being held in Bristol from the Bristol Family Carers. The first one is on the 4th June and is about equal treatment for adults with learning difficulties. The second one is on the 16th June and is about "beyond we care too, putting black carers in the picture". If would like to attend either event please contact Joan Cox on 0117 968 6698. For further information about the organisation their website is [www.familycarers.org.uk](http://www.familycarers.org.uk)

### Sunday 8th June

For this year's Down's Syndrome Awareness Week, we are again hoping the weather is kind so we can have tea & cakes in Emma Firman's lovely garden. 24 High Street Marshfield A420 between Bath and Chippenham from 2.00 pm – 5.00 pm (weather permitting). Please contact Emma Firman on 01225 892065 if you are unsure about the weather or need directions. The garden has a trampoline, swings and a large lawn and patio with table tennis and basketball. Bring some cakes to share and Picnic Rug and enjoy the sunshine with friends.

### Summer Outings

We listened to your views and hopefully you will enjoy the summer programme. Highlights should be the party at Horseworld and the two day trips to Legoland and West Midlands Safari Park.

### Saturday 26th July – 5.30 pm

Horseworld at Whitchurch are having an open air performance of Treasure Island. The gates open at 5.30 pm and the show starts at 6.30 pm. You are welcome to take chairs, rugs and picnics. There will also be a BBQ and refreshments available. Tickets cost £4.50 per person. Please send reply slip and cheque payable to BADSS to Jane Yeoman by 14th June. For more information see <http://www.horseworld.org.uk/events/17/>



### Tuesday 29th July

We hope that many of you who live in Bristol will join some of our newer members living south of Bristol at Kinston Seymour. Bouncy castle, face painting and an entertainer. from 13:30. Stay for a pincic tea from 16:30.

### Wednesday 6th August

For those of you who are not going to see Hello Dolly, we are planning to go to Victoria Park in Bath

if the weather is nice or if it looks like rain we will be going to the cinema, please let Jane Yeoman know on 0117 904 2807, if you are interested in the park or the cinema and let her have a contact number so we can let you know which film and performance time we have planned to see.

### Wednesday 13th August – Legoland



Heroes wanted! We have booked a coach (with toilet) to take us to Legoland near Windsor. We hope to pick up in south and north Bristol. We have not finalised the price but a rough estimate is £15. Places will be limited to the one coach so book early further details in the next newsletter. [www.legoland.co.uk](http://www.legoland.co.uk)

### Friday 22nd August – Bournestream Park



We are meeting at Bournestream Park, Wootton Under Edge, at 11.00 am, please bring a picnic and plenty to drink. If you need directions or if the weather looks dodgy

on the day please contact Jane Yeoman on 0117 904 2807.

### XMAS Party

Please note the change in date and venue to the XMAS Party. It will be on 7th Dec at Cleeve Rugby Club in Bristol.

### Tuesday 26th August West Midlands Safari Park



We have booked another coach (with toilet) to take us to West Midlands Safari Park near Birmingham. We hope to pick up in south and north Bristol. We have not finalised the price but a rough estimate is £18. Places will be limited to the one coach so book early further details in the next newsletter. [www.wmsp.co.uk](http://www.wmsp.co.uk)

### In confidence

If you would really like to go on any of the event organised by the group but find the cost of them too much for your budget please contact Zoe Warman on 0117 9701839. There is a small budget to assist with costs.

### Committee Member Contacts

Chair [Andrew King](#) 01454 315469  
 Treasurer [Paul Simson](#) 01454 311964  
 Secretary **Vacant** – Volunteers Anyone  
 Minutes Secretary [Jane Yeoman](#) 0117 904 2807  
 Sibling Support **Vacant** – Volunteers Anyone  
 Down to Earth [Sandie Davis](#) 01179708324  
[Sheila Forsythe](#) 01454 419 909  
 Newsletter [Deborah Griffiths](#) 01454 327672  
 Special Activities [Maggie Saunders](#) 0117 9096163  
 Theatre Tickets [Betty Humphries](#) 0117 9561915

Next Committee meeting Monday 2nd June at Betty's

### For your Diary

Event	Date	Meeting Arrangement	Reply Date
Fiddler on the Roof	Wednesday 4 <sup>th</sup> June	7.30 pm	
Ruda Holiday Park, Croyde, Devon	13 <sup>th</sup> – 16 <sup>th</sup> June	In the bar! On the beach AT the parties!!	
Shout	Friday 27th June	7.30 pm	
Treasure Island	Saturday 5 <sup>th</sup> July	2.30 pm	
Horseworld	Saturday 26th July	5.30 pm	14th June
Bath Park or Cinema	Wednesday 6th Aug	TBD	
Hello Dolly	Wednesday 6 <sup>th</sup> Aug	2.30 pm	
Legoland	Wednesday 13th Aug	TBD	1st Aug
Bournestream	Friday 22nd Aug	11.00 am	
West Midlands Safari Park	Tuesday 26th Aug	TBD	1st Aug
Christmas Party	Sunday 7th December	TBD	

**Events – for some trips we need to be able to give the venues numbers so please cut out and fill in the forms below**

**REPLY SLIP for HorseWorld Treasure Island Picnic**

Adults' Names \_\_\_\_\_

Children's' Names and Ages \_\_\_\_\_

I enclose payment of £ \_\_\_\_\_ (£4.50 per person, full ticket price £10 & 7.50)

Contact Name and Telephone number Mobile preferably \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

e-mail address \_\_\_\_\_

Please include a cheque (payable to BADSS)

Please return to:  
**Jane Yeoman,**  
40 Chipperfield Drive,  
Kingswood,  
Bristol BS15 4DS

**Please send to Jane by Saturday 14<sup>th</sup> June**

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**REPLY SLIP for Legoland and West Midland Safari Park**

Adults' Names \_\_\_\_\_

Children's' Names and Ages \_\_\_\_\_

	<b>Legoland</b>	<b>West Midland Safari Park</b>
Date	13 <sup>th</sup> August	26 <sup>th</sup> August
Number of Tickets required::		
Ticket Cost::	<b>£15 Approx</b>	<b>£18 Approx</b>
Total Cost::		

Please return to:  
**Tina Hounsom,**  
9 Atkins Close  
Stockwood  
Bristol  
BS14 8JS

I enclose payment of £ \_\_\_\_\_

Contact Name and Telephone number Mobile preferably \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

e-mail address \_\_\_\_\_

Please include a cheque (payable to BADSS)

From July please call Tina to check on coach availability 01275 891464

**Please send to Tina by Monday 1<sup>st</sup> August**