



# Bristol Area Down's Syndrome Support

## March 2009 Newsletter

Dear Parents, We hope that you are enjoying the slightly warmer weather, and are looking forward to the spring. Here are details of some events we have planned for spring and summer:

### Parents needed to speak to teachers

Two Bristol schools would appreciate input from parents. Several volunteers have come forward for Ashton Park Secondary to help with transition training on 1st April. We still need someone for Redfield Primary to attend a staff meeting for only 15-20 minutes on 30th April. Please contact Andrew on 01454 315469 for more information, or if you think you may be able to help.

### Mornings for new parents

Jo Garrad is starting up a supportive group for new parents, meeting on the 1<sup>st</sup> Wednesday each month at Hop, Skip & Jump in Kingswood, from 10:30. This is primarily aimed at parents of young babies. If you haven't met up with any other parents yet, or have a baby with Down's Syndrome, you will be made very welcome by the other parents there. For details please contact Jo on 07970149292.

### Dates for your Diary

#### London museums, Monday 6<sup>th</sup> April

We have a coach trip to South Kensington (for Natural History, Science and Victoria & Albert Museums). Admission to the museums is free, and you choose which you would like to visit. Coach Fare will be £15 per seat. This trip is open to all members and families, but is being organized by the Junior Down 2 Earth Group. We will be asking the children who are part of JD2E (age 9-16) to sit together on the coach. Please e-mail Paul by 18th March if you would like to join us on [paul.simson@btconnect.com](mailto:paul.simson@btconnect.com)

#### FunderWorld, Monday 6th April

[www.funderworld.com](http://www.funderworld.com)

FunderWorld (Fairground rides) will be holding their fundraising Charities Night on the downs, 6<sup>th</sup> April, 5pm-9pm. They have rides for people of all ages, and once you've paid the initial entrance fee, you can ride as much as you like for FREE! They have some new rides this year, refreshment tents and entertainment. We have applied for 250 tickets to the Charity Night. With these tickets, you will just have to pay £2.50 for entry. Contact Jane on 07834 414541 or [janemy@blueyonder.co.uk](mailto:janemy@blueyonder.co.uk) if you would like some tickets for your family..

#### Karate taster session, Thursday 16th April

We are hoping to run a karate taster session which will be run by the coach who teaches Zoe's sons. He has a lot of experience and is very good at making the sessions fun, and keeping the childrens' attention. This is suitable for children from the age of 5 upwards, and is for siblings as well as the child who has Down's Syndrome. There is no charge, just bring a plate of food to help make it into a real party! If you think you might be interested in this, please give Zoe a call asap on 0117 970 1839 or 07725 741427. WE DO NEED TO KNOW NUMBERS FOR THIS ONE.

#### Swimming, Warmley Park School, or Soft Play, Wednesday 27th May

This session will be for our younger members (under 10's). Please contact Helen on 0117 977 4778 to find out more.

### Annual Holiday

We are still able to book caravans for our visit to Croyde Bay Holiday Park, Devon for the weekend of Friday 19th - Sunday 21st June. Please contact Andrew with a deposit of £50 to reserve one, especially those of you have expressed some interest but not yet paid, 01454 315469.

### Theatre Tickets

Betty has tickets for the following shows. Please complete the reply slip for each one, and send to Betty with a cheque payable to Lloyds TSB, by the stated deadline-

Never Forget (music from Take That), Friday 26th June at 5pm. Tickets £12.50 to be paid by April 26th

We will Rock You, Monday 21st September at 7.30. Tickets £17.50 to be paid by May 7th.

Annie (straight from the West End), August. Date and time not finalized yet.

Snow White @ Hippodrome Sunday 20th December at 1pm. Tickets £15- to be paid later in the year.

### Down to Earth Group

Sandie's DtoE helper is going to University in September, so she will need a new volunteer. If anyone is interested or knows of a local reliable person that may be interested please contact Sandie, 01179708324

## Committee Member Contacts

Chair [Zoe Warman](#) 0117 9701839  
Treasurer [Paul Simson](#) 01454 311964  
Secretary [Andrew King](#) 01454 315469  
Minutes Secretary [Jane Yeoman](#) 0117 904 2807  
Sibling Support **Vacant** – Volunteers Anyone  
Down to Earth [Sandie Davis](#) 01179708324  
Newsletter [Deborah Griffiths](#) 01454 327672  
Special Activities [Maggie Saunders](#) 0117 9096163  
Theatre Tickets [Betty Humphries](#) 0117 9561915  
Coffee Morning [Jo Garrad](#) 07970149292

REPLY SLIPS for THEATRE TICKETS:

For a full List please see the website on the events page

<b>Never Forget</b>		
Friday 26 <sup>th</sup> June	5pm	Tickets £12.50
Name	No. of Tickets:	
Address	Total to Pay:	
Tel. No	Pay by Date:	April 26th

<b>We Will Rock You</b>		
Monday 21 <sup>st</sup> September	7.30pm	Tickets £17.50
Name	No. of Tickets:	
Address	Total to Pay:	
Tel. No	Pay by Date:	May 7th

I am also interested in            Annie                            Yes/No  
   Snow White                    Yes/No

Please pay for each show with a SEPARATE cheque, made payable to Lloyds TSB.  
Please send to Betty in advance of the Pay by Date, and please add £1 to the cost of the tickets to cover postage.  
Many thanks.

Please send to: Betty Humphries, 'Woodstock', 1 Quarry Road, Frenchay, Bristol, BS16