

Andrew King

From: Bristol Area Downs Syndrome Support [Bristol_Area_Downs_Syndrome_Supp@mail.vresp.com]
Sent: 17 June 2012 22:07
To: andrew@ahking.freeseerve.co.uk
Subject: Free Surfing



[Click to view this email in a browser](#)



Bristol Area Down's Syndrome Support

I was talking to Rod Terry at Ruda about the opportunity below. He said he had taken Josh to have a lesson on a large surfboard where the instructor controls the board and the student stands up in front. A tandem surfer board! Looking at the flyer this is just what this opportunity is but free! Perhaps next year we could have a surf competition at Ruda instead of sand castles!

The company below has asked to us to let you all know about 3 free surfing events that are coming up

Lifeworks, the Devon based charity that cares for young people with learning disabilities, is holding 3 free surfing events for under 25 year olds this summer.

The events are open to any young person with learning disabilities and as well as having a go at surfing with a specialist instructor, there will be fun and games on the beach - a great day out for the whole family.

The events are: -Saunton Sands in North Devon (on July 8) -Bigbury (on July 1) - Polzeath (Sept 15)

If you would like to register, please visit <http://www.lifeworks-uk.org/bbeventdetails.htm>

If you have any questions, please do give me a ring on Alison on 07717874495.

**Bigbury-on-Sea 1 July 2012, Saunton Sands 8 July 2012
Polzeath 15 September 2012**

Breaking the Barrier is a sport inclusion programme that gives learning disabled children a unique opportunity to experience surfing in a safe environment. This event allows them to build confidence, learn something different and have fun. On the beach there'll also be entertainment, music, food and much more.

PARTICIPATE

Sessions are free but we require a deposit of £20 when booking a place which will be returned to you on the day. Siblings and carers are welcome to have a 'group lesson' as well. There will be other activities on the beach with food and drinks available for a small donation. Although sessions start at 10am until early afternoon why not come for the day and enjoy the whole experience. Register your child using the forms on our website or ring for a pack to be sent to you. You are welcome to come to one or all but please let us know well in advance.

If you no longer wish to receive these emails, please reply to this message with "Unsubscribe" in the subject line or simply click on the following link: [Unsubscribe](#)

Bristol Area Downs Syndrome Support
7 Jobbins Close
Chipping Sodbury
Bristol, England BS37 6ER
UK



[Read](#) the VerticalResponse marketing policy.