



## Bristol Area Down's Syndrome Support

**COMING SOON.....  
'SING AND SIGN'  
IS JOINING**

### **THE BADSS FRIDAY FRIENDS GROUP AT HOP SKIP AND JUMP.**

'Sing and Sign' is a great group to join with your little ones, especially helping children with special needs to learn signs and songs which relate to everyday routines i.e.- 'I think I need the potty', 'It's time to have a bath now', 'Bedtime song', descriptive food songs and so on.

'Friday Friends group' are bringing 'Sing and Sign' to Hop Skip and Jump on Fridays around 1pm. Ideal for babies and pre-school children.

The 'Sing and Sign' term lasts for 10 weeks and will cost £20 per term for each baby/child with Down syndrome, this has been subsidised by the BADSS.

If you are interested in securing a place for your child please contact Jo Garrad – 07970 149292 as soon as possible.

A lot of our mums have tried 'sing and sign' and found it brilliant with their pre-school children.

If you want any information about the Friday Friends group or have any ideas or suggestions for activities and events to suit our younger members then please contact Jo.

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### **ABOUT SING AND SIGN**

Developed with the help of Speech and Language experts and launched in January 2001, the "Sing and Sign" programme has since taught thousands of parents across the UK how to sign with their babies and encourage amazing communication.

Sing and Sign's original and unique approach has revolutionised baby signing in this country. Everyone knows nursery rhymes and action songs are great fun and musical activities help stimulate language development. Sing and Sign combines the benefits of both music and baby signing. We teach a wide range of signs using some traditional and some specially written or adapted songs. What makes Sing and Sign special is that every sign used in song relates to those important first words of a baby's world! Nappies and bath time, hiding games and bedtime. You name it, we have a song about it, and the babies just love to hear them! With a high standard of educational content, this is a relaxing, enjoyable and unpressured way for you and your baby to learn.

### **WHICH SIGNS DO WE USE?**

Our signs are widely used by Speech and Language professionals, nurseries and schools across the UK. Sing and Sign is largely compatible with Signalong, Makaton and other sign supporting systems designed to be used WITH speech and based on the signs of British Sign Language (BSL).