



# Bristol Area Down's Syndrome Support

## October 2010 Newsletter

### Diary Dates

**28<sup>th</sup> October** – Wookey Hole trip

\*book by 22<sup>nd</sup> October\*

**7<sup>th</sup> November** – Heart to Heart Ball

\*book by 15<sup>th</sup> October\*

**8<sup>th</sup> November** – BADSS AGM & Meal 7.30pm

Mezze at the Golden Dragon, Downend

\*book by 1<sup>st</sup> November\*

**3-6<sup>th</sup> December** – Center Parcs Winter Holiday

\*booking closed\*

**10<sup>th</sup> December** – D2E Jr Panto Cinderella

Redgrave Theatre, Clifton, Bristol at 7pm

\*book by 24<sup>th</sup> October\*

**12<sup>th</sup> December** – BADSS Xmas Party 3-6pm

Keynsham British Legion Club

\*book by 1<sup>st</sup> December\*

**19<sup>th</sup> December** – Hippodrome Panto 1pm

\*booking closed\*

**20<sup>th</sup> February** – Chuckle Brothers 2.30pm

Hippodrome Bristol

\*book by 10<sup>th</sup> December\*

### Helen's Heart to Heart Ball

The Annual ball takes place on Sunday 7<sup>th</sup> November. There are a few places available – Helen needs your booking and menu choices by 15<sup>th</sup> October. If you want to go and haven't already booked, please call Helen on 0117 9774778 to discuss the options.

ALSO – Helen needs items for the charity auction and for the raffle. This is the main fundraising part of the evening and raises significant funds for this year's designated charities – BADSS, Bristol Children's Hospital and Hop, Skip & Jump.

Please Help Helen by asking your employer or use your contacts to get items that would be good for either the auction or the raffle. Anything from a celebrity autograph to a bottle of wine would be greatly appreciated. Call or email Helen to arrange getting it to her – 0117 977 4778 or [gehe62@virginmedia.com](mailto:gehe62@virginmedia.com)

### Regular events

**Every Friday 12pm – 2pm**

Friday Friends meet at Hop, Skip and Jump.

Drop in for a chat and a coffee whilst the children explore soft play, sensory room and toys.

**Every Saturday 1pm-2.30pm**

Saturday Sports at St Pauls Community Sports Centre, Newfoundland Road, Bristol.

An excellent multisport session run by coach Lincoln who is excellent with our children.

Generally for ages 8-16 and siblings but Lincoln is very happy for younger or older children to attend if you think they would benefit.

No booking required, just turn up on the day.

### BADSS AGM and Meal

This year we have decided on a different format for the AGM. In previous years, we have had the meeting during an afternoon fun day. This year we decided we would like more time to chat and have arranged a meal in the function room of the restaurant Mezze at the Golden Dragon in Downend.

Partners and friends are welcome for this social event. Please see the separate invitation and reply slip.

Following some food we will conduct the AGM business that we are required to do under our constitution. The official paperwork is enclosed. As those of you that have been at our AGM meetings before will know, this only takes a few minutes and we will have the rest of the evening (or until the babysitter needs to go home) to chat.

**BADSS Xmas Party**  
**Sunday 12<sup>th</sup> December 3-6pm**

The Xmas party returns to the same venue as last year – Keynsham Royal British Legion Club. We will have an entertainer, buffet and soft drinks. The club will provide a cash bar.

Father Christmas will make an appearance and will hand out toys that the parents bring along. Please wrap your presents and make sure they are securely labelled. They will be collected when you arrive and popped into “Santa’s sack”

We have to give numbers to the club and the caterers, so please if possible return the enclosed reply slip by 1<sup>st</sup> December.

**Wookey Hole Half Term Trip**

We are arranging a group outing to Wookey during the holidays when they are putting on all sorts of Halloween extras.

Cost is £10 per person (person with DS goes free)  
Meet at Wookey by 10.45am for an 11am Cave Tour.

There will be a circus show in the afternoon as well as all the other attractions at Wookey.

**D2E Jr Trip to the Redgrave Theatre**

Once again we have booked tickets for the Bristol Old Vic Theatre School Panto at the Redgrave. This more intimate venue makes for a very different panto experience to the hippodrome mega-production.

**Counselling**

Anyone interested in seeing Jennie – the counsellor that we have links with who has helped some of our members in the past, should contact Helen England who has made this possible. BADSS subsidises this service.

Email [Gehe62@viurginmedia.com](mailto:Gehe62@viurginmedia.com)  
Tel 0117 977 4778

**Bordeaux Quay Cookery Club**

The current sessions end in December and we are looking to book monthly sessions starting next year. We are looking to fill two sessions and have about 5 places still available. If anyone would like their child to attend, please let Paul know asap. We will prioritise for our members with DS but if you have siblings who would be interested, then let me know as we may well have some places available.

The sessions will be Saturday mid-afternoon.  
Price £5/sessions (DS) or £15/session (Sibling)

Email: [paul.simson@btconnect.com](mailto:paul.simson@btconnect.com)

**Theatre Tickets**

See reply slips for details of upcoming shows. Please send a separate reply slip and cheque for each show. The closing date is 2 months before the performance date, but Betty often runs out of her ticket allocation, so first come – first served. Each cheque will be held and cashed on the closing date for that show.

**Committee Member Contacts**

Chair Helen England 01179774778  
Treasurer Paul Simson 01454 311964  
Secretary Andrew King 01454 315469  
Minutes Secretary Jane Yeoman 0117 904 2807  
Newsletter Jane Powell 01179562706  
Theatre Tickets Betty Humphries 0117 9561915

**Support Groups**

New Parents Group Jo Garrad 0117 3789798  
Little Gems 0-8 Helen England 0117 9774778  
D2E Junior 8-16 Paul Simson 01454 311964  
Down to Earth 16+ Sandie Davis 01179708324  
Sibling Support – vacant

<b>Chuckle Brothers - 20<sup>th</sup> February 2011 2.30pm</b>	
Name:	
Address:	
No of tickets: (£13.50 each)	
Cheques made payable to <b>Lloyds TSB</b> . Send to <b>Betty Humphries, 1 Quarry Road,            Frenchay, BS16 1LY</b> <b>Closing Date - 10<sup>th</sup> December 2010</b>	

<b>Cookery School</b> (If you haven't already requested a place)	
Name:	
Address:	
No of places: Persons with DS	
Sibling	
Do not send any payment. Send to <b>Paul Simson, 7 Jobbins Close, Chipping            Sodbury, Bristol, BS37 6ER</b> <b>Closing Date - N/A</b>	

<b>Wookey Hole - 28<sup>th</sup> October 2010 10.45am</b>	
Name:	
Address:	
No of tickets:  DS (Free) Other (£10) U3 (Free)	
Cheques made payable to <b>BADSS</b> . Send to <b>Clare Adamson, 7 Jobbins Close,            Chipping Sodbury, Bristol, BS37 6ER</b> <b>Closing Date - 22<sup>nd</sup> October 2010</b>	

<b>Cinderella - 10<sup>th</sup> December 2010 7.00pm</b> <b>Redgrave Theatre, Clifton</b>	
Name:	
Address:	
No of tickets: Person with DS (Free)  Other (£10)	
Cheques made payable to <b>BADSS</b> . Send to <b>Partricia Stevens, 21 Parsonage Rd,            Long Ashton, Bristol, BS41 9LN</b> <b>Closing Date - 24<sup>th</sup> October 2010</b>	