

AUGUST 2012

BADSS NEWSLETTER



Happy Holidays!!!

A New Look for BADDS Newsletter.

**What are your thoughts on a new BADDS Logo?
Show us your creative side and email to
etter1801@hotmail.com!!!**

**Also secure your tickets for Thorpe Park on 28th
August.**

Forthcoming Events and Diary Dates

28/8	Thorpe Park
2/9	Lion King
10/11	Heart to Heart Charity Ball
17/12	Aladdin
30/12	Aladdin
22/01	Oliver
23/03	9 to 5 The Musical

Support Groups

New Parents Group
[Leonie Pollinger](#)
steveandleoniepollinger@virginmedia.com
07703 475453

Little Gems 0-8
[Helen England](#) 0117 9774778

Down to Earth Junior 8-16
[Paul Simson](#) 01454 311964

Down to Earth 16+
[Sandie Davis](#) 01179708324

NEW Down to Earth Group
[Tina Hounsom](#) 01275 891464

Sibling Support - Vacant

Contact Numbers

Chair & Theatre Tickets
[Betty Humphries](#)
0117 9561915

Treasurer
[Paul Simson](#)
01454 311964

Secretary
[Andrew King](#)
01454 315469

Newsletter
[Nadine Etter](#)
0117 9569682

THORPE PARK

Tuesday 28th August

Coach departs 8.30am from the Venue, Cribbs Causeway (in the car park near the carvery)

Leaving Thorpe Park at 6.00pm sharp (subject to change on the day if required for drivers hours)

Cost £20 per person. One Carer free per disabled person. Under 1m go free.

We will ask for ride passes, but please be aware that these are at the discretion of the guest services on the day. Also, it is Thorpe park policy that only one adult may accompany a rider with an exit pass.

For suitability of the rides for your children, please see the [Thorpe Park web site](#).

Please reply ASAP. You may either send the reply slip (found at the end of this Newsletter) or book by email and pay on the day. (Note that if you book by email, you will get a confirmation email back. Once confirmed, you are committed to pay for the places booked unless we are able to re-sell them).

Large family groups will be accommodated if there are seats available, but priority will be given to those with DS.

Questions or email bookings - Paul.simson@btconnect.com

WORKFIT

A direct link between people with Down's Syndrome and employers. Visit the new central hub -www.dsworkfit.org.uk or view the **WORKFIT** film to find out more

If we want to promote employment opportunities for our members with DS, the **WORKFIT** scheme can help, but they want to promote and support local groups.

When we have enough interest the organizer of the scheme will be invited to host a presentation locally (and if enough people are interested in North Somerset it may be worth having a separate presentation there).

With many of our young people being of working age or coming up to it in the next few years it would be great if they could get into meaningful supported employment.

To make this happen, we need people to be involved to take it forward. In the first instance, anyone interested email: Paul.simson@btconnect.com or call: 01454 327200

Stay & Play!



Long Cross Specialist Children's Centre is piloting some Stay & Play sessions for disabled children and their families this summer.

Early Years & Childcare Service
Working in partnership for children and families

Come and tell us how we can help support families of disabled children

Socialize
Share Ideas & Experiences

Get together with other families of disabled

Accessible activities will be available for disabled children up to 10 years of age and their siblings & refreshments will be available for parent carers!

There's a family room, activity hall, soft play, sensory room, and outside space.

Please come along at 10.15am to register for the session, activities will run from 10.30am-12noon.

Wednesday 8th August 2012 Wednesday 15th August 2012
Wednesday 22nd August 2012 Wednesday 29th August 2012

Long Cross Specialist Children's Centre, Long Cross, Bristol, BS11 0LP
Telephone for enquiries: 01179030740
Telephone on the day of session: 07775227297

Help needed for fundraising event Ultra 12

We have been approached by Tony Holland, via the DSA, who is planning on running 12 ultra marathons back to back on 12 consecutive days across the UK (www.ultra12.co.uk) in August 2014. He will be holding one of the events at Ashton Court, Bristol.

The plan is to get a local group/charity involved in each of the 12 locations and raise money for the DSA as well as BADSS – people can take part in any way they like, be it 1km, 5km, 10km, the full thing, running or walking etc etc.



We will require help recruiting runners, getting local press coverage and support on the day itself. We want as many people as possible to take part and join Tony and Steven as they take on this mammoth challenge to raise funds and awareness for people with Down's Syndrome, their families, friends and carers.

If you are interested in being part of Ultra 12 or would like further information, please get in touch with Andrew King.



Cookery Club

Following a successful cookery series this year, we will be starting a new series of sessions from September.

We will run two sessions monthly - either the second or third Sunday in each month 11-12am and 12.30-1.30 (final dates tbc) Sept-July excluding December.

Cost is £10 per session. Typically suitable for ages 10+ but it may be appropriate for younger children who are interested. Places may be available for siblings, but priority will be given to those with DS.

This year the tutors were asked to introduce a small element of food safety and hygiene into each session as many of our children will need to pass a course in the future if they work in any place that handles food. See reply slip. Book now for the first 5 sessions Sept-Feb. Your cheque will not be cashed until the first week of September.

Any questions, contact Paul.simson@btconnect.com or call 01454 327200



SUPPORTIVE PARENTS

Supporting families of children with SEN

If your child has any kind of special educational needs (SEN), Supportive Parents offers:

- Information and Support Line: **0117 989 7725**
10am – 2pm Monday, Wednesday and Friday
during term time (*answerphone at all other times*)
- Help with paperwork and preparation for meetings
- Monthly support group meetings
- Parent courses

For further information about our free, confidential service please visit www.supportiveparents.org.uk

Providing the Parent Partnership Service for Bristol, North Somerset and South Gloucestershire

Registered Charity No: 1079761



Heart
to
Heart
ball

The Bristol Hotel

Prince Street Bristol, BS1 4QF

Saturday 10th November

7pm til 1am

3 course dinner & coffee

Raffle & Auction Dancing til late

Tables seat up to 10 guests

£37.50 per ticket

proceeds benefit

the Down Syndrome Association

and the Harvey Hent Appeal.

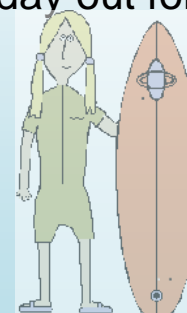
RSVP at gehe62@virginmedia.com

or call 07737852706

Free Surfing Event

Lifeworks, the Devon based charity that cares for young people with learning disabilities, is holding 3 free surfing events for under 25 year olds this summer.

The events are open to any young person with learning disabilities and as well as having a go at surfing with a specialist instructor, there will be fun and games on the beach – a great day out for the whole family.



The event is:

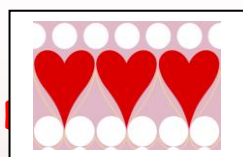
-Polzeath (Sept 15th)

If you would like to register, please visit

<http://www.lifeworks-uk.org/bbeventdetails.html>

If you have any questions, please do give Alison a ring on 07717874495.

Heart to Heart Counselling Service



- **Are you a parent of a child with learning difficulties?**
- **Are you feeling overwhelmed?**
- **Would you like to talk to someone in confidence?**

We offer a free session to explore your needs. Jenny our counsellor is experienced in working with parents of children with special needs and is a BHCP senior Counsellor.

Individuals or couples welcome. Low cost subsidised counselling (a donation if able).

Please contact us for more details or to book an appointment.

Helen@gehe62@virginmedia.com



Free ARTS & CRAFT

For children with special needs
and their families
Come and meet new friends and
have fun!!



The Campus, Highlands Lane, Worle
Thursday 23rd August 2012
10-00am -12.00pm

To find out more or to book a place please phone Jo White
on 01934 411855 or email: jo.white@crossroadscare-ns.org.uk

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Charity Registration Number 107890, North Somerset Crossroads is a company limited by guarantee registered in England number 216370.
Registered office: The Green Centre, 1 Wilton Road, Weston-super-Mare, North Somerset, BS23 7UG. The Crossroads Care logo mark is a collective mark.

INFORMATION for North Somerset Parents

TRIP TO HOP SKIP & JUMP IN BRISTOL



Hop Skip and Jump is a fun, safe, play environment for children with disabilities or any special needs. This is an opportunity for the whole family to enjoy a fun filled day of activities with the support of volunteers and fully trained staff. It will also give you the chance to meet up with other local families



Free Transport provided



£3 per child entry charge

Wednesday 22nd August for families living in the Yatton area

Wednesday 29th August for families in the Weston area



For more information or to book, please contact Jo White
on 01934 411856 or email: jo.white@crossroadscare-ns.org.uk

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Reply Slips

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Thorpe Park 28th August	
Questions or email bookings - Paul.simson@btconnect.com	
Name:	
Address:	
Email:	
Mobile Number:	
No with DS @ £20	
No Carer @ free	
No Adult @£20	
No child @ £20	
No under 1m tall @ free	
Cheque Total £	
Cheques made payable to BADSS	
Send to: Paul Simson, BADSS, 7 Jobbins Close, Chipping Sodbury, Bristol, BS37 6AA	

Cookery Classes	
Questions or email bookings - Paul.simson@btconnect.com	
Name:	
Email:	
Child's Name:	
Child's Age:	
Sibling Space Required? Y/N (Name/Age)	
Cheque enclosed for £50 per place	
Cheques made payable to BADSS	
Send to: Paul Simson, BADSS, 7 Jobbins Close, Chipping Sodbury, Bristol, BS37 6AA	

Reply Slips

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Aladdin 17th December at 7pm

Reply by 25th September

Name:	
Address:	
Mobile Number:	
No of tickets: (£15.00 each) + £1.00 P&P	
Cheques made payable to Betty Humphries	
Send to Betty Humphries, 1 Quarry Road, Frenchay, BS16 1LY	

Aladdin 30th December at 1pm

Reply by 25th September

Name:	
Address:	
Mobile Number:	
No of tickets: (£21.50 each) + £1.00 P & P	
Cheques made payable to Betty Humphries	
Send to Betty Humphries, 1 Quarry Road, Frenchay, BS16 1LY	

Oliver 22nd January at 7.30pm

Reply by 20th November

Name:	
Address:	
Mobile Number:	
No of tickets: (£14.00 each) + £1.00 P&P	
Cheques made payable to Betty Humphries	
Send to Betty Humphries, 1 Quarry Road, Frenchay, BS16 1LY	

**9 to 5 The Musical 23rd March
at 2.30pm**

Reply by 20th January

Name:	
Address:	
Mobile Number:	
No of tickets: (30.00 each) + £1.00 P&P	
Cheques made payable to Betty Humphries	
Send to Betty Humphries, 1 Quarry Road, Frenchay, BS16 1LY	